

# Physical Education (EC-12)

## GENERAL EDUCATION STUDIES 58 Hours

### General Education: 14 hours

COM 1143 Fundamentals of Speech Communication

ENG 1113 Composition and Rhetoric I

ENG 1123 Composition and Rhetoric II

3 hours from the following:

ENG 2233 American Literature I

ENG 2243 American Literature II

ENG 2273 Introduction to Literature

GES 1122 Strategies for Student Success

### Social/Behavioral Sciences: 15 hours

GOV 2213 National and State Government

GOV 2333 World Political Systems

HIS 1113 American History I

HIS 1123 American History II

PSY 2323 Developmental Psychology

### Natural Science/Mathematics: 10 hours

BIO 2113 Human Anatomy and Physiology

PHY 1113 Physical Science

PHY 1111 Introduction to Physical Science Lab

MTH 1123 College Algebra

### Physical Education: 1 hour

1 hour from activity courses: PED 1101-2291

### General Biblical Studies: 18 hours

BIB 1223 The Church in Ministry and Mission

BIB 2213 Bible Study

REL 1133 Authentic Christianity

REL 1173 Introduction to Biblical Literature

THE 2113 Introduction to Theology and Apologetics

THE 2333 Pentecostal Doctrine and History

The Bachelor of Arts in Physical Education is designed to give students the spiritual, academic, professional, and cross cultural resources to be leaders in elementary, middle, and secondary education classrooms around the world.

### Upon completion of this program, students will:

1. Apply with proficiency content areas of physical education taught in kindergarten through Grade Twelve.
2. Design and implement instruction and assessment, appropriate for kindergarten through Grade Twelve, based on state curriculum guidelines.
3. Create positive, productive classroom environments utilizing formal and informal settings and appropriate classroom management strategies.
4. Implement knowledge of professional roles and responsibilities for public and private schools.

## Physical Education (EC-12) *continued*

### MAJOR STUDIES 68 Hours

#### Core Studies: 31 hours

- PED 2112 Personal and Community Health
- PED 2113 Introduction to Kinesiology
- PED 2123 Coaching Theory
- PED 2213 Team Sport Skills
- PED 2223 Individual and Dual Sport Skills
- PED 2232 Wellness and Lifestyle
- PED 3143 Nutrition for Fitness and Sport
- PED 3153 Care and Prevention of Athletic Injury
- PED 3163 Motor Development and Learning
- PED 3173 Management in Health and Sports
- PED 4113 Tests and Measurements

#### Combination Area: 13 hours

- EDP 3423 Classroom Management
- EDP 3433 Classroom Instruction and Assessment for English Language Learners
- EDP 4111 Educator Assessment
- PSY 3463 Theories and Principles of Learning
- RDG 4513 Content and Disciplinary Literacy Instruction\*

#### Professional Development: 24 hours

- EDP 4613 Teaching Elementary Physical Education
- EDP 4623 Teaching Secondary Physical Education
- EDU 2253 Foundations of Education
- EDU 4253 Special Issues and Populations
- EDU 4273 Advanced Strategies for Teaching
- EDU 4479 Student Teaching All Levels\*

*\*Block Course*

### TOTAL PROGRAM REQUIREMENTS 126 Hours

### Additional Program Stipulations

1. All full-time students are to include one General Biblical Studies course each semester until degree requirements have been satisfied.
2. First-year students enrolled full-time are to include GES 1122 in their first semester schedule.
3. Students must be approved to enter the Education program before taking any 4000 level EDU course.

This degree plan meets TEA Physical Education (EC-12) Certification requirements. Students can also seek ACSI Physical Education (EC-12) certification, as well as ACTS Physical Education (EC-12) Certification.