# Counseling (Pre-Professional)

**GENERAL EDUCATION STUDIES  58 Hours**

**General Education:** *14 hours*
- COM 1143 Fundamentals of Speech Communication
- ENG 1113 Composition and Rhetoric I
- ENG 1123 Composition and Rhetoric II
- *3 hours from the following:*
  - ENG 2233 American Literature I
  - ENG 2243 American Literature II
  - ENG 2273 Introduction to Literature
- GES 1122 Strategies for Student Success

**Social/Behavioral Sciences:** *9 hours*
- GOV 2213 National and State Government
- HIS 1113 American History I
- PSY 1153 Introduction to Psychology

**Natural Science/Mathematics:** *7 hours*
- BIO 1113 Biological Science and BIO 1111 Lab
- *3 hours from the following:*
  - MTH 1113 College Mathematics
  - MTH 1123 College Algebra

**Physical Education:** *4 hours*
- PED 2232 Wellness and Lifestyle
- *2 hours from activity courses without duplication: PED 1101-PED 2291*

**General Biblical Studies:** *24 hours*
- BIB 1143 The Church in Mission
- BIB 2213 Bible Study
- CMN 2213 Foundations of Church Ministries
- REL 1133 Authentic Christianity
- REL 1153 New Testament Literature
- REL 1163 Old Testament Literature
- THE 2113 Introduction to Theology and Apologetics
- THE 2333 Pentecostal Doctrine and History

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Upon completion of this program, students will:

1. Demonstrate knowledge of various approaches of counseling and of major counseling theories and techniques with a special emphasis on those that are biblically congruent.
2. Demonstrate knowledge of typical entrance requirements to graduate counseling programs.
3. Function effectively as a counselor in a church, parachurch or community setting.
Counseling (Pre-Professional) continued

MAJOR STUDIES   57 Hours

COU 2123 Introduction to Counseling
COU 2213 Counseling Children and Adolescents
COU 2223 Addictive Behavior and Recovery
COU 3123 Advanced Methods and Techniques in Counseling
COU 3213 Counseling Adult Populations
COU 4313 Behavioral Science Research
COU 4413 Methods and Techniques in Marriage and Family Counseling
COU 4523 Advanced General Counseling
COU 4583 Field Practicum
PSY 1113 Psychology of Selfhood and the Christian Faith
PSY 2323 Developmental Psychology
PSY 2413 Statistics for Behavioral Sciences
PSY 2423 Cultural Issues in the Helping Professions
PSY 3313 Abnormal Psychology
PSY 3333 Theories of Personality
PSY 3443 Crisis Intervention and Management
PSY 4333 Introduction to Psychological Tests and Measurements
PSY 4433 Psychology of Religion
PSY 4483 Human Sexuality

GENERAL ELECTIVES   12 Hours

TOTAL PROGRAM REQUIREMENTS   127 Hours

* Counseling students may want to consider obtaining the Addictions Counseling Minor.

Additional Program Stipulations

1. All full-time students are to include one Bible, theology, or religion course each semester until degree requirements have been satisfied.
2. First-year students enrolled full-time are to include GES 1122 in their first semester schedule.
3. First-year students are to enroll in activity physical education courses each of their first two semesters at SAGU. Exceptions will be granted only with approval of the College Dean.
4. Veterans with at least 6 months of service may apply for and receive 4 hours of credit for physical education. Contact the Registrar’s Office.