# Physical Education (EC-12)

**GENERAL EDUCATION STUDIES** 63 Hours

**General Education:** 14 hours
- COM 1143 Fundamentals of Speech
- ENG 1113 Composition and Rhetoric I
- ENG 1123 Composition and Rhetoric II
- 3 hours from the following:
  - ENG 2233 American Literature I
  - ENG 2243 American Literature II
  - ENG 2273 Introduction to Literature
- GES 1122 Strategies for Student Success

**Social/Behavioral Sciences:** 15 hours
- GOV 2213 National and State Government
- GOV 2333 World Political Systems
- HDV 2123 Child and Adolescent Growth and Development
- HIS 1113 American History I
- HIS 1123 American History II

**Natural Science/Mathematics:** 10 hours
- BIO 1113 Biological Science
- PHY 1113 Physical Science
- 1 hour from the following:
  - BIO 111 Introductory Biology Lab
  - PHY 1111 Introduction to Physical Science Lab
- MTH 1123 College Algebra

**General Biblical Studies:** 24 Hours
- BIB 2213 Bible Study
- CMN 1223 The Church in Mission*
- CMN 2213 Foundations of Church Ministries
- REL 1133 Authentic Christianity
- REL 1153 New Testament Literature
- REL 1163 Old Testament Literature
- THE 2113 Introduction to Theology and Apologetics
- THE 2333 Pentecostal Doctrine and History

The Bachelor of Arts in Physical Education is designed to give students the spiritual, academic, professional, and cross cultural resources to be leaders in elementary, middle, and secondary education classrooms around the world.

**Upon completion of this program students should be able to:**

1. Demonstrate proficiency in the physical education content area.
2. Design and implement instruction and assessment based on ACSI, ACTS, and State Board of Educator Certification guidelines.
3. Demonstrate the ability to create positive, productive classroom environments utilizing formal and informal settings and appropriate classroom management strategies.
4. Demonstrate knowledge of professional roles and responsibilities for public and private schools.
## Physical Education (EC-12) continued

### MAJOR STUDIES  63 Hours

**Core Studies:** 35 hours  
- PED 2112 Personal and Community Health  
- PED 2133 Foundations of Human Performance  
- PED 2232 Wellness and Lifestyle  
- PED 3133 Human Anatomy and Physiology  
- PED 3143 Nutrition for Fitness and Sport  
- PED 3153 Care and Prevention of Athletic Injury  
- PED 3173 Management in Health and Sports  
- PED 3313 Recreational Leadership  
- PED 3333 Coaching Theory  
- PED 4113 Tests and Measurements  
- PED 4123 Adapted Physical Activity  

4 hours from activity PE courses: PED 1101-2291 or PED 3300 Varsity Athletics

**Combination Area:** 7 hours  
- EDF 3363 Christian Philosophy of School Education  
- EDP 4111 Educator Assessment  
- PSY 3353 Psychology of Education  

**Professional Development:** 21 hours  
- EDU 2253 Foundations of Education  
- EDU 4273 Advanced Strategies for Teaching  
- EDU 4489 Student Teaching  
- EDU 4613 Teaching Elementary Physical Education  
- EDU 4623 Teaching Secondary Physical Education  

### TOTAL PROGRAM REQUIREMENTS  126 Hours

### Additional Program Stipulations

1. All full-time students are to include one Bible, theology, or religion course each semester until degree requirements have been satisfied.  
2. First-year students enrolled full-time are to include GES 1122 in their first semester schedule.  
3. Students must be approved to enter the Education program before taking any 4000 level EDU course.

This degree plan meets SBEC/Physical Education (EC-12) Certification requirements and ACSI Physical Education (EC-12) certification, as well as ACTS Physical Education (EC-12) Certification.

Eligibility for English as a Second Language (ESL)Supplement Certification upon completion of the following:

1) ENG 3413 Introduction to Linguistics, ENG 3423 Linguistics II, ENG 3293 Teaching English as a Second Language and Diversity II  
2) State requirements for TExES